



Language

Gestures & Meanings

I can use early gestures like giving and reaching to get you to do something.

- Give you my sippy cup to get you to fill it up
- Reach for the crackers I want you to give me
- Turn my head away from something I don't want
- Push away an object I don't want
- Raise my arms to ask you to pick me up



Sounds & Words

I can use my voice to make different sounds to let you know how I feel.

- Make joyful sounds while we play to let you know I am happy
- Use a frustrated tone in my voice when you offer me a snack I don't want
- Make three different vocal sounds, like fussing, laughing, or blowing raspberries
- Make two different vowel sounds like *oooh*, *a-a-a*, or *eee*
- Use consonant and vowel sounds together like *mamama*, *woo woo*, *gaga*, or *dada*

Play

Using Actions with Objects

I can explore objects and repeat different actions with objects.

- Bang the pots and pans to make music
- Chew on my plastic ring, then shake it and bang it
- Bang my sippy cup on my tray, then tip it over, and bang it again
- Tug on my sock and pull it off
- Push the block off the table, smile when you give it back, then drop it again and laugh



Social Sharing with Objects

I enjoy and anticipate your actions.

- Look at you and give you my spoon when I'm done eating
- Pull the cloth off your head, laugh when you say peek-a-boo, and give it back to do it again
- Take my favorite book out of a box and give it to you to read
- Hold my arms up to help you get my shirt on
- Hold out my hand, make a happy noise, and take a cracker you hand me

Social Interaction

Social Attention

I notice you and what you're looking at.

- Watch as you put dishes away while I eat my snack
- Notice a picture you point to in a book, then look at you and look back at the book
- Look at you when you get my favorite bath toy and give it to me
- Watch you as you walk over to my crib and raise my arms for you to pick me up
- Look at you to check in regularly while you push me in the grocery cart



Intentional Communication

I can let you know what I want and what I don't want.

- Reach up and look at you when I want you to pick me up
- Push away the oatmeal bowl when I don't want any more
- Reach toward the banana I want on the counter and look back at you
- Use an upset voice when I have a boo-boo to get you to comfort me
- Make a silly sound and pat your arm to get you to pay attention to me

Emotional Regulation

Sharing & Managing Emotions

I can share happy moments when I interact with you.

- Look toward you when you say *I'm gonna get you* and then crawl away from you giggling
- Bounce and smile when you walk in the room and raise my arms to be picked up
- Look at you and make playful sounds when you change my diaper
- Pull on the blanket you're hiding under and laugh when I find you
- Look at you, smile, and make a happy sound when you squeak my favorite toy



Regulating Challenging Moments

I can share sad or frustrated feelings to get you to comfort me.

- Cry and reach my arms out to you when I fall down trying to pull up on the furniture
- Use a frustrated tone in my voice and look at you for help when I can't pick up a piece of banana from my tray
- Push your hand away and use a fussy voice to let you know I don't want my jacket on
- Cry, raise my arms, and look at you to get you to hold me when I realize you are leaving for work
- Reach to you for comfort when something scares me

Self-Directed Learning

Understanding Messages

I can guess what you're about to do and use "hints" around me to understand your message.

- Drop toys in the tub when you run the water because I figure out it's time for my bath
- Reach for my bib when you put me in my high chair because I realize it's time to eat
- Put my hands under the running water when you say *Let's wash your hands*
- Get my shoes when you point to them and say *It's time to go*
- Pull up my shirt and giggle when you say *I'm gonna get you* with a playful voice



Creating New Ideas

I notice you and listen to your voice to guide my actions.

- Respond with a loud voice in my crib to answer back when I hear you call for me
- Crawl into your lap and pull on your sleeve to get your attention when you are on the phone
- Pull off my bib when you say *All done* after snack
- Stop right away when you say *No-no-no* in a firm voice as I touch something I shouldn't
- Hold up my hands and open and close them when you start singing *Twinkle Twinkle Little Star*