



Language

Gestures & Meanings

I can use symbolic gestures to share ideas with you.

- Give you a *high five* when we celebrate
- Pinch my nose when I notice something stinky
- Point to a bird I see outside the window so you will notice it
- Nod my head or give a *thumbs-up* to answer *yes*
- Shrug my shoulders as if to say *I don't know*



Sounds & Words

I can use at least 5 different words that mean something to both of us.

- Say *hi* and *bye* to greet people
- Use words to request things I want like *ball, eat, banana*
- Say *no* or *bye-bye* to let you know I do not want something
- Use words for important people or animals like *mommy, auntie, dada, doggie*
- Say *more* or *again* to ask for more or another turn

Play

Using Actions with Objects

I can use pretend actions with objects that have imagined things from everyday activities.

- Pretend to *stir* with a big spoon and scoop pretend food onto a plate when we play picnic
- Feed my teddy bear with pretend milk in a bottle
- Pretend to pour juice into a cup and take a drink
- Push a toy train and make a *Choo-Choo* sound
- Put my feet in boxes and pretend they are shoes



Social Sharing with Objects

I can use objects in a silly, playful way and in a way that helps you get things done.

- Put a cracker on my nose to be silly and get your attention while eating my snack
- Put a box on my head to hide and to initiate peek-a-boo
- Push the laundry hamper down the hallway and say *vroom-vroom*
- Wipe my tray with a paper towel then crumble it up like a ball and toss it in the trash
- Help you sweep the floor with a broom and then try to hold the dustpan

Social Interaction

Social Attention

I can communicate to get your attention and check in with you regularly.

- Call out for you when I wake up from my nap
- Say *Mama* to get your attention while you're washing dishes and then ask for more juice
- Look at you to check in while I am sitting across the room with Aunt Maria
- Look at you and tap your arm to show you how I make my bath toy squirt
- Call for you and wave when you come to pick me up from daycare



Intentional Communication

I try to figure out what you mean and keep the interaction going.

- Put on my shoes when you point to them and say *Let's get ready to go outside*
- Hold out my hands to get the next apple and put it in the bag at the grocery store
- Pick up my clothes when you ask me to help you put them all in the laundry hamper
- Watch and listen when we play *Ring-around-the-Rosie* to know when to stop and fall down
- Shrug my shoulders when you ask me something I don't understand

Emotional Regulation

Sharing & Managing Emotions

I can stay active and engaged with you in fun situations and in necessary activities.

- Hang in there with you while we get all of the laundry out of the dryer
- Work with you to get all of the toys picked up before we go outside
- Help you water the plants outside with my little watering can
- Get motivated to brush my teeth when you sing a tooth-brushing song
- Go along with putting my shoes on even though I'd rather wear my boots



Regulating Challenging Moments

I can tolerate you helping me stick with a task, even when I am upset.

- Let you finish cleaning my face with a cloth after I protest and push it away
- Let you blow bubbles if I can hold the bubble wand when I am frustrated that I can't do it
- Help you put my toys away even though I am not ready to take a bath
- Let you guide me back inside even though I'm whining and want to stay outside and play
- Let you help me with my spoon for a few bites even though I'm frustrated and want to do it myself

Self-Directed Learning

Understanding Messages

I can respond when you talk to me and share my ideas with you.

- Respond by saying *Yummy* when you ask about my yogurt
- I point and say *Tree, uh oh*, when we discover a big limb that fell down in our yard
- Say *Puppy night-night* and use the *shhh* gesture when you show me a picture of a dog sleeping
- Say *No* with a fussy voice when you tell me it's almost time to leave the park
- Pull up the stool and say *Help* when you tell me it's time to wash the dishes



Creating New Ideas

I can be productive doing my job and stand my ground with you.

- Take the comb and say *Mine* when you try to help because I want to do it myself
- Insist I take my favorite cup to the sink instead of you taking it
- Pull my hands away and say *Me wash* because I want to show you I can wash my hands
- Help pull the clothes out of the dryer and insist on being the one to close the door when we're done
- Tell you I want to pull my pants up by myself while you help me get them on