



Language

Gestures & Meanings

I can use gestures like showing and pointing to get you to notice what I am interested in.

- Hold up my spoon just to show it to you
- Wiggle my hand like I am trying to wave
- Show you a block from the tower that just crashed
- Tap a picture I want you to notice in a book
- Point to the light to get you to notice it



Sounds & Words

I can use speech sounds together as if I am “talking” to you.

- Use speech sounds like *mama*, *baba*, or *dada* when we interact
- Combine sounds as if I’m talking to you when we’re getting my shoes on
- Use a string of sounds together while we play a hiding game
- Use different sounds while we are having a snack together
- Use speech sounds as if we’re having a conversation

Play

Using Actions with Objects

I can use functional actions with several objects.

- Hold my sippy cup to my mouth and drink
- Put finger foods in my mouth by myself
- Put your phone to my ear and listen to grandma
- Wipe my face with a napkin and drop it in the trash
- Turn a page in a book



Social Sharing with Objects

I enjoy taking turns exchanging objects with you.

- Roll a big ball or truck back and forth with you
- Take turns putting a silly hat on your head, then on mine
- Give you a toy that won’t work so you’ll fix it
- Bang on a toy drum, then laugh and look at you when you drum on it too
- Hold out my hand for you to give me some cheese, then give you a piece

Social Interaction

Social Attention

I am eager to interact with you and help keep the interaction going.

- Take turns making silly sounds together
- Pull the blanket off your head and give it back to you to keep a game of Peek-a-Boo going
- Try to roll a ball back and forth with your encouragement
- Take turns filling a cup and pouring the water out while taking a bath
- Look at you, laugh, and make a game of dropping things from my tray to interact with you



Intentional Communication

I can get you to notice me and things I’m interested in.

- Wiggle my body and make a silly sound to get you to dance with me
- Point to a picture in a book I want you to see
- Tap or point to a magnet on the refrigerator to get you to name it
- Pick up a leaf and show it to you when we are walking in the backyard
- Climb up in your lap when you are talking on the phone so you’ll pay attention to me

Emotional Regulation

Sharing & Managing Emotions

I can share enjoyment and flow with transitions between activities.

- Look at you, smile, and make a silly sound to get you to laugh while you change my diaper
- Give you my pail and shovel when it’s time to clean up the sand-box and go inside
- Squeal with excitement and reach for my bib when you tell me it’s time for lunch
- Look at you, smile, and help wipe my tray when you say *Let’s finish snack and go outside*
- Raise my hands to be picked up from the bath and pat with the towel to help you dry me off



Regulating Challenging Moments

I can hang in there during a necessary activity and do things to make myself feel better.

- Look at you and reach to request my pacifier for comfort when it’s time for a diaper change
- Settle down when you hand me a bib to hold while I wait for my lunch
- Calm down from fussing when you give me a sock to hold while you dress me
- Take the washcloth you offer to help wipe my face after getting messy
- Choose a favorite toy to play with while you buckle me in my car seat

Self-Directed Learning

Understanding Messages

I can follow simple directions like “come here” or “give it to me” when you ask me with gestures.

- Crawl to you when you hold out your arms and say *Come here*
- Hold my foot up so you can put my sock on when you tap my leg and say *Give me your foot*
- Crawl over to Daddy when you point to him and say *Where’s daddy*
- Put my dirty shirt in the laundry hamper when you tell me to and open the lid
- Look around for the ball when you hold out your hands and say *Get the ball*



Creating New Ideas

I watch you and try to do something with you or take on a job I can do with a little help.

- Try to get the spoon to my mouth after you help me scoop up some yogurt
- Rub my hands together with soap when you tell me to and then help you turn off the faucet
- Watch you put a puzzle piece in and try to put one in myself
- Wave and say *Bye-bye* after you show me how
- Wipe my tray with a napkin when you show me how and say *You can do it*